

Clowbridge – Compass Sport

Sunday 11th March 2018



All competitors take part at their own risk & are responsible for their own safety. Whistles are strongly advised. If the weather is poor, cagoules may be compulsory.

Travel directions

From the north: Exit M65 at Junction 9 (from the West) and Junction 11 (from the East) and follow signs for Rawtenstall/M66.

From the south: Follow M66 north and A682 Rawtenstall. Once in Rawtenstall follow signs for Burnley A682.

The reservoir is on the eastern side of the A682 between Burnley and Rawtenstall.

Nearest Postcode: BB11 5PF

Parking

Parking is limited. There is a UU car park (pay and display currently suspended) at Clowbridge. Additional parking for all larger vehicles and additional cars will be next to the main car park at Balmers G M LTD. This is just 5 minutes from the main car park.

Dogs

Dogs can be on a lead in the car parks. There is an area just beyond the main car park for dogs to be walked in. The path around the reservoir is OOB to all dogs (so you cannot take them to the start) as is the competition area since this is a sheep grazing area.

Facilities at Registration

Registration, EOD and enquiries are at Rossendale Valley Sailing Club building.

EOD prices

Senior (short green or above) – £10

Junior/Student (+ senior light green and below) - £5

Toilets will be available in the sailing club (no spikes or muddy shoes please).

RVSC will be providing a small café – hot drinks, cakes and snacks throughout the day.

Electronic punching (SI cards available for hire £1, £40 charge if lost) but not SI-air.

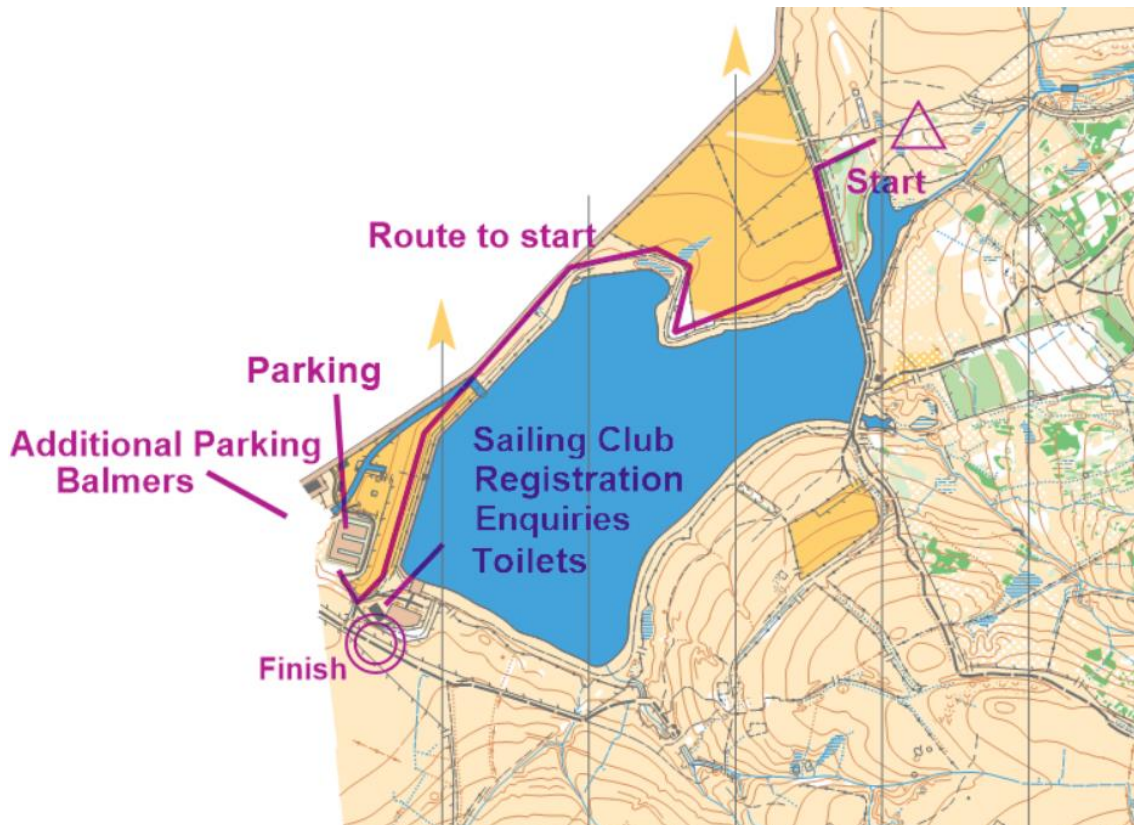
There will be the facility at enquiries for lone runners to leave car keys.

Blank maps will be on display at Registration and <http://www.seloc.routegadget.co.uk/rg2/#43> will give you access to Route gadget from the previous event in 2014.

Loose control descriptions will be available at Registration.

First Aid – at assembly

In the event of an accident please contact the finish officials or report to enquiries at RVSC.



Start for all courses

The start is approximately 1.6km (20mins. walk) from the assembly area and on the North side of the reservoir. Please turn left just before the sailing club and walk along the side of the reservoir (next to the road). Competitors should take care near the water.

Please do not walk along the main road as there is no footpath.

All the area outside the walled reservoir area is OOB to competitors.

Finish

The Finish is approximately 2 mins. walk from the download

Ensure you punch at the finish control to record your time, and return to RVSC to download.

**** You must download in the Sailing Club. ****

(even if you retire)

We need to know that all competitors have returned – thank you

Courses Close 2:30pm

Safety information – head west towards the reservoir.

Terrain notes

Clowbridge is a high, exposed moor. The mapped area consists of an east – west moorland ridge with some scattered trees and wooded areas. The map has been recently resurveyed and updated to ISOM2017. Some of the woodland is out of bounds due to rare breeding birds and courses in this area are restricted to paths and tracks. The area being used is generally runnable on the western side of the map although some areas of tussocks may be encountered. Competitors on the longer courses will encounter some areas of rough, high tussocks on the east of the mapped area. There is an established path network and additionally there are unmapped sheep runs. There is an abundance of ruined walls. Ruined walls may be crossed at any convenient point. The courses have several mandatory crossing points. Solid walls / fences should not be crossed at any other points. Pylons and power-lines have been omitted from the map.

Maps/Control descriptions

The map scale is 1:10,000, A3 size for blue, short brown and brown and A4 for all other courses. All maps will be printed on waterproof paper with control descriptions on the map. Pictorial descriptions will be used for all courses except Yellow, Orange and Light Green. Loose control descriptions will be available at Registration.

Start Procedure:

Whistles are highly advised as this is moorland area with little traffic off the paths.

Cagoules may be compulsory – please look for notices in assembly and on the route to the start.

Starts 10.30 – 12.35

Compass Sport start times will be pre-allocated by clubs.

If any changes need to be made would Club Captains please come to Registration/Enquiries to discuss these. Please ensure you get to the start with time to spare – it will be difficult to accommodate late arrivals.

EOD (non Compass Sport) will need to fit in with available start slots and maps.

All competitors

- - 3 call up
- Blank maps will be available at -2 in the start lane

A punching start will be used. On the start time ensure you punch the start control and pick up your map from the correct box, and go!

NB. Yellow maps are available before the start boxes.

Course Information

Course	Compass Sport Category	Length (km)	Climb (m)	Controls	Map Size
Brown	Brown	8.0	170	23	A3
Short brown	Short Brown	6.7	150	18	A3
Blue Men	Blue Men	5.5	165	20	A3
Blue Women	Blue Women	5.3	190	18	A3
Green Men	Green Men & Junior Men	4.2	145	17	A4
Green Women	Green Women	4.2	145	16	A4
Short Green	Vets Short Green & Junior Women	3.0	95	13	A4
Light Green		3.3	95	11	A4
Orange	Orange Men & Women	2.8	105	10	A4
Yellow		2.4	60	9	A4

Complaints

Any complaint must first be discussed with organiser **ON THE DAY** who may be contacted via enquiries. Any protest against the organiser's decision with regard to a complaint shall be made to the controller in writing. If a jury is required this will be convened after discussion between the organiser and controller.

Cancellation

In the event of cancellation for any reason SELOC reserve the right to retain all or part of the fees received to defray expenses incurred.

Officials

Controller: Andy Quickfall (SROC)

Planner: Mark Seddon (SELOC)

Organiser: Caroline Barcham (SELOC)

Acknowledgements

I would like to acknowledge the help given by all of the following, without whom this event would not be happening:

- RVSC, especially Commodore David Hudson
- Balmers GM , especially Simon Phillips
- United Utilities, particularly Morgana Restall
- And especially to all members of SELOC who have volunteered to help out.