

How it works:

- An app (MapRunF) is used on your mobile phone to track where you are and register when you visit a control.
- Although the app displays a map on screen, the idea is that you use a paper map to navigate as this is much less of a faff. The phone goes in a bumbag or similar and beeps at you when you visit a control.
- When you get to the finish your route is saved and your result is automatically added to the results
- You can then view the results and look at your route and anybody else's route
- You can do the event whenever you like

What to do (at home on the sofa):

- Download MapRunF from the app store to your mobile phone and enter some details
- Make sure you grant MapRunF permission to access stuff on your phone when it asks
- Press "Select Event" and find the event "Ramsbottom StreetO" in folder UK->Manchester->SELOC
- Print out the PDF map and consider what route you might want to take in advance if you like
- In your phone settings make sure you allow MapRunF to access your location at all times (on Android this is [Permission Manager]-[Location]-[MapRunF] and select "Allow all the time")
- Also allow MapRunF to send notifications (on Android this is [Apps&Notifications]-[MapRunF]-[Notifications] and toggle to on.

These last 2 will probably be fine by default so don't worry if you can't be bothered / can't find the right setting.

For further info on setup see:

<https://navvies.org.uk/Getting%20Started.php>

What to do (when you're ready to run):

- Ensure you've got the Ramsbottom StreetO event selected (see above)
- Ensure that your media volume is turned up to maximum (so that you can hear your phone beep when you reach a control)
- Ensure that you are at least 20m away from the Start/Finish (the bus stop outside the Hare and Hounds) and press "Go To Start"
- Walk towards the Start/Finish and when you get close enough you should hear a beep signifying that you have "punched" the start and your time has now started
- Put your phone away and go and get some points

Whilst you're running

- MapRun should register the control and beep when you go within 20 metres of the precise location, so in most cases you should hear the beep as you approach, assuming you're in the right place!

- If it doesn't beep, consider a) are you in the right place? the right side of the road? not the next lamp post? b) sometimes it takes a few seconds to register, so linger for 5-10 seconds (whilst considering whether you're in the right place perhaps).
- Your run ends (and time stops) when you return to the start/finish, and again you should hear a beep. Your result will then be saved and uploaded to the results which you can view.

Scoring

- Controls are worth their first digit x10, e.g. control 47 = 40 points, control 61 = 60 points
- You have 75 minutes to collect as many points as you can
- Penalties are applied if you return late at a rate of 30 points per minute
- A description of the feature at each control point (e.g. lamp post, telegraph pole, electricity sub-station etc) is included on the PDF map that you'll print, to help you confirm that you're in the right place for each control

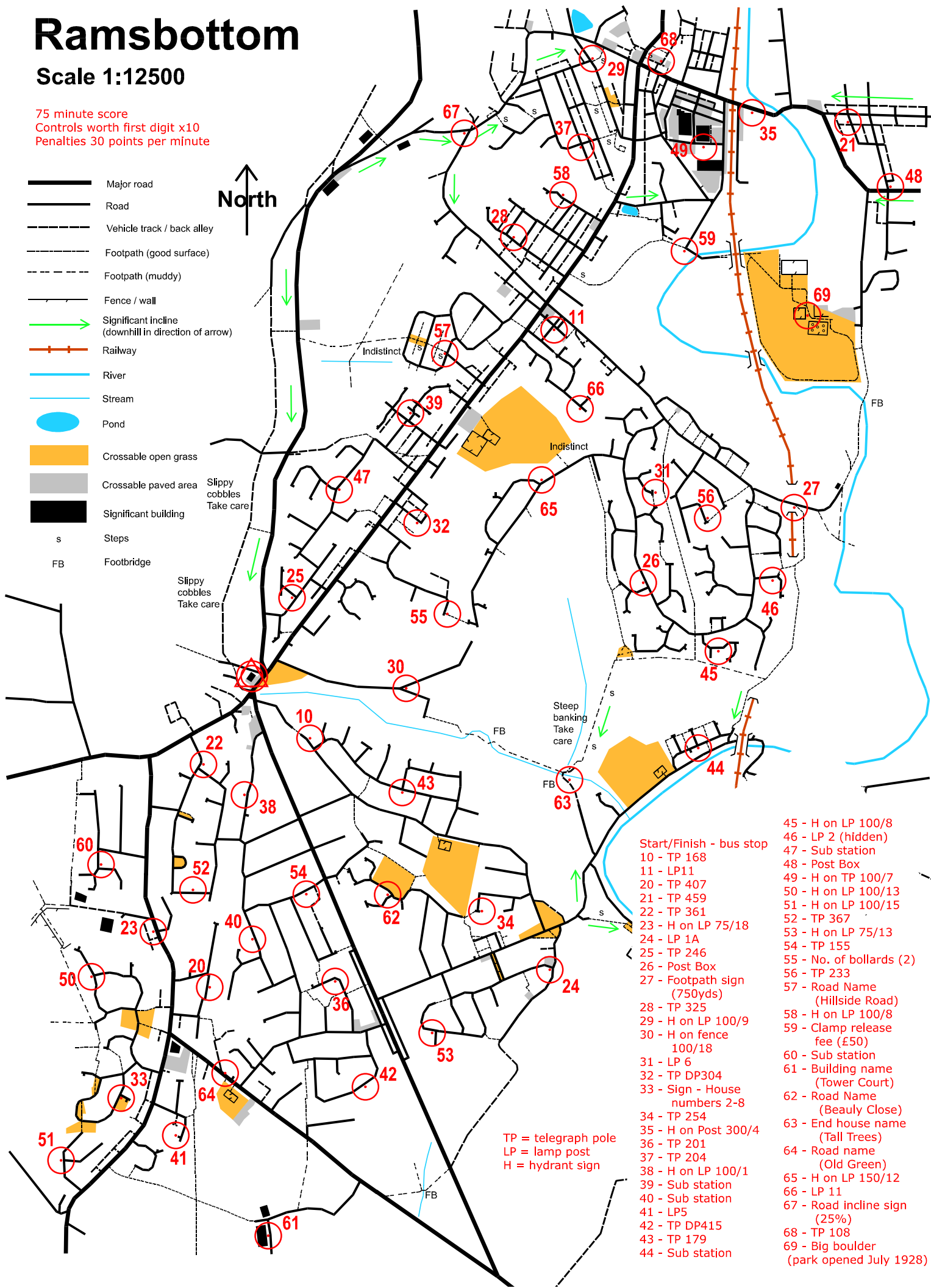
Ramsbottom

Scale 1:12500

75 minute score

Controls worth first digit x10

Penalties 30 points per minute



Start/Finish - bus stop

10 - TP 168

11 - LP11

20 - TP 407

21 - TP 459

22 - TP 361

23 - H on LP 75/18

24 - LP 1A

25 - TP 246

26 - Post Box

27 - Footpath sign

(750yds)

28 - TP 325

29 - H on LP 100/9

30 - H on fence

100/18

31 - LP 6

32 - TP DP304

33 - Sign - House

numbers 2-8

34 - TP 254

35 - H on Post 300/4

36 - TP 201

37 - TP 204

38 - H on LP 100/1

39 - Sub station

40 - Sub station

41 - LP5

42 - TP DP415

43 - TP 179

44 - Sub station

45 - H on LP 100/8

46 - LP 2 (hidden)

47 - Sub station

48 - Post Box

49 - H on TP 100/7

50 - H on LP 100/13

51 - H on LP 100/15

52 - TP 367

53 - H on LP 75/13

54 - TP 155

55 - No. of bollards (2)

56 - TP 233

57 - Road Name

(Hillside Road)

58 - H on LP 100/8

59 - Clamp release

fee (£50)

60 - Sub station

61 - Building name

(Tower Court)

62 - Road Name

(Beauly Close)

63 - End house name

(Tall Trees)

64 - Road name

(Old Green)

65 - H on LP 150/12

66 - LP 11

67 - Road incline sign

(25%)

68 - TP 108

69 - Big boulder

(park opened July 1928)

TP = telegraph pole
LP = lamp post
H = hydrant sign